



March, 2014

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<p>3 Bingo & Bridge</p> <p>2) *JERI TROULLIER 2) *SARAH NAN KING</p>	<p>4 Games</p>	<p>5 MARDI GRAS AFTER HOURS PARTY 1:00-2:00</p> <p>*GENE DAVIS</p> 	<p>6 Games</p>	<p>7 Devotion with Beth Bobby Harris Hearing tests 9:30</p>
<p>10 Bingo & Bridge</p>  <p>9) **Daylight Savings Time begins. Spring forward 1 hour.</p>	<p>11 Games</p> 	<p>12 Games</p>	<p>13 Games</p> 	<p>14 Games CHARLIE B'S FOR LUNCH TODAY!</p> <p>15) *BECKY JOHNSON</p>
<p>17 Bingo & Bridge *St. Patrick's Day* WEAR GREEN!</p> 	<p>18 Games</p>	<p>19 Games</p> 	<p>20 Games</p> <p>Linda and Beth-Training Conference in Montgomery.</p>	<p>21 Games</p>
<p>24 Bingo & Bridge</p>	<p>25 Games</p>	<p>26 Games <u>Senior Trip to Savannah, Georgia</u> <u>March 26-29</u></p> 	<p>27 Games SHIP Medicare Meeting @10:30</p>	<p>28 Games</p> <p>29) *Elaine Lowe</p> 
<p>31 Bingo & Bridge</p> <p>*JUDY DAWSON *JANICE MURRAY</p>	<p>Center is open Monday-Friday 9 a.m.—1 p.m.</p>		<p>*MARCH BIRTHDAYS IN RED!*</p>	

MARCH

ADSS NUTRITION PROGRAM

WINTER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 6 3 Orange Juice Brunswick Stew Buttered Rice Spring Vegetables Wheat Breadstick Margarine Fig Bar Milk	Menu 7 4 Meatballs (3)/Spaghetti Sauce Whole Grain Penne Pasta Italian Vegetables Fresh Fruit Texas Bread Margarine Lemon Pudding Milk	Menu 8 5 Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Turnip Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	Menu 9 6 Blended Juice BBQ Rib Patty Lima Beans Buttered Carrots Wheat Bread Margarine Cherry Gelatin Milk	Menu 10 7 Beef Fingers(3)/Brown Gravy Delmonico Potatoes Mixed Vegetables Rosey Applesauce Wheat Bread Margarine Chocolate Cake Milk
Menu 11 10 Orange/Pineapple Juice Beef Rice Casserole Country Vegetables Cabbage Wheat Bread Margarine Oats & Honey Goldfish Cookie Milk	Menu 12 11 Breaded Pork Patty/Brown Gravy Whipped Potatoes Collard Greens Fresh Fruit Cornbread Margarine Raspberry Gelatin Milk/Buttermilk	Menu 13 12 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple/Blueberry Cobbler Milk/Chocolate Milk	Menu 14 13 BBQ Chicken/Bun Northern Beans Broccoli Sliced Peaches Margarine Yellow Cake Milk	Menu 15 14 Grape Juice Italian Mac Casserole Green Beans/Red Peppers Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Chocolate Chip Cookies - 2 each Milk <i>Picnics</i>
Menu 16 17 Apple Juice Meatloaf/Brown Gravy Country Potatoes Peas & Carrots Wheat Bread Margarine Strawberry Cake Milk	Menu 17 18 Cranberry Juice Chicken/Sausage Jambalaya Garden Vegetables Lima Beans Saltine Crackers Margarine Vanilla Goldfish Cookie Milk Alternate: Chicken/Tortilla Dumplings	Menu 18 19 Sliced Turkey/Gravy Whipped Sweet Potatoes Cold Country Tomatoes Fresh Fruit Whole Wheat Bread Margarine Oatmeal Crème Pie Milk	Menu 19 20 Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Orange Gelatin Milk <i>Picnics</i>	Menu 20 2 Blended Juice Grilled Pork Patty/Brown Gravy Rutabagas Mustard Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk
Menu 1 24 Orange/Pineapple Juice Honey Mustard Chicken Breast Country Corn Glazed Carrots Wheat Breadstick Margarine Pineapple Tidbits Milk	Menu 2 25 Hamburger/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 3 26 Grape Juice Chili with Beans Buttered Rice Marinated Slaw Saltine Crackers Margarine Birthday Cake Milk	Menu 4 27 Cranberry Juice Chicken Noodle Casserole Green Peas Rutabagas Wheat Bread Margarine Sugar Cookies - 2 each Milk <i>Picnics</i>	Menu 5 2 Smoked Sausage Black-eyed Peas Mixed Greens Fresh Fruit Cornbread Margarine Strawberry Gelatin Milk/Buttermilk
Menu 6 31 Orange Juice Brunswick Stew Buttered Rice Spring Vegetables Wheat Breadstick Margarine Fig Bar Milk				